

## ADDITIONAL CLASSES AVAILABLE

Time	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
6:00AM	Group Shock 30 min \$16.50				Group Shock 30 min \$16.50	
6:30AM		Guys Only Shock 30 min \$16.50 ea.			Guys Only Shock 30 min \$16.50 ea.	
7:00AM		Group Shock 30 min \$16.50		Group Shock 30 min \$16.50		
7:30AM		Group Shock 30 min \$16.50 ea.		Group Shock 30 min \$16.50		Group Shock 30 min \$16.50
8:00AM	Group Shock 30 min \$16.50				Group Shock 30 min \$16.50	Group Shock 30 min \$16.50
8:30AM						
9:00AM						
10:00AM			Group Shock 30 min \$16.50 ea.		Group Shock 30 min \$16.50 ea.	
10:30AM						
5:45PM			Group Shock 30 min \$16.50			
6:15PM	Group Shock 30 min \$16.50					

\*\*\*Please sign up using the online scheduler at [fusionfitnessusa.com](http://fusionfitnessusa.com) or by calling the studio at 407-804-6005.

\*\*\***Free walking** club does not need to sign up.

\*\*\*Classes limit is 5 people, except **MILITARY BOOT CAMP CLASS** which has a capacity of 10. The boot camp class will be outside, please bring a towel and use sunscreen.