



**SEMI-PRIVATE REFORMER CLASS SCHEDULE<sup>(1)</sup>**

Time	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
5:30 AM	Instructor: Jen	Instructor: Rema	Instructor: Jen	Instructor: Rema			
6:30 AM		Instructor: Shannon		Instructor: Shannon			
7:00 AM							
7:30 AM	Instructor: Ariel	Instructor: Shannon	Instructor: Ariel	Instructor: Shannon			
8:00 AM							
8:30 AM	Instructor: Ariel	Instructor: Shannon	Instructor: Ariel	Instructor: Shannon	Instructor: Ariel	Instructor: Rotation	
9:30 AM	Instructor: Ariel	Instructor: Peter	Instructor: Ariel	Instructor: Peter	Instructor: Jen		
10:30 AM	Instructor: Peter	Instructor: Peter	Instructor: Peter	Instructor: Peter			
11:30 AM	Instructor: Ariel		Instructor: Ariel				
12:30 PM	Healthy Joint & Spine Class (30min)		Healthy Joint & Spine Class (30min)				
4:30 PM		Instructor: Peter		Instructor: Peter			
5:30 PM	Instructor: Peter	Instructor: Peter	Instructor: Leslie	Instructor: Peter			
6:45 PM			FREE BUDDHA BOOTCAMP				

POLICY: No shows count as a session  
 All payments final, no refunds  
 Cancellations less than 12 hours in advance will incur a fee  
 No time granted back for tardiness